

The 12 Traditions

1. Our common welfare should come first; couple recovery depends upon RCA unity.
2. For our group purpose there is but one ultimate authority—a loving God as known in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for RCA membership is a desire to remain in a committed relationship.
4. Each group should be autonomous except in matters affecting other groups or RCA as a whole.
5. Each group has but one primary purpose—to carry its message to recovering couples who still suffer.
6. RCA ought never endorse, finance, or lend the RCA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every RCA group should be fully self-supporting, declining outside contributions.
8. Recovering Couples Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. RCA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Recovering Couples Anonymous has no opinion on outside issues; hence the RCA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

(First paragraph from *Recovering Couples Anonymous* book)

We are couples committed to restoring healthy communication, caring, and greater intimacy to our coupleships. We suffer from many problems, some identified and some not, some treated and some not. We also come from different levels of brokenness. Many of us have been separated or near divorce. Some of us are new in our coupleships and seek to build intimacy together. We have all sought healing at Recovering Couples Anonymous (RCA).